

June 2017



Don't forget to "like" us on Facebook!

### Upcoming Dates:

July 27, 2017

Just the Facts: Conducting Successful Accident Investigations  
Ed Murray - Krugliak, Wilkins, Griffiths & Dougherty Co.

July 28 –

August 13, 2017  
2017 Greater Alliance Carnation Festival

August 24, 2017

One Step At A Time:  
The Worker's Compensation Claim Process Explained

September 22, 2017

Work to Recovery: The Return to Work Process

## 40 Fundamentals for Living the FAMOUS Way – Marc Blaushild

Marc joined Famous Enterprises in 1985, after graduating from The Ohio State University with a degree in Marketing. Famous is a family business founded in 1933. Marc has worked in a variety of positions throughout his career and has been President and CEO since 2004. A fourth generation is now active in the business as well.

Famous is a Wholesale Distributor of HVAC, Plumbing, Industrial and Building Products. Famous sells to professional contractors in the Residential, Commercial, Industrial and Institutional areas for the new construction, remodel, repair, service, and replacement markets. In addition, they also manufacture sheet metal products. Famous has 40 locations primarily in Ohio, Western Pennsylvania, and West Virginia, and employs over 800 Associates.

Marc has been active in Industry Association Groups, and Advisory Boards. Famous also supports the Make-a-Wish Foundation, orphanages and many other charities as well. Famous is a giving organization that truly cares about their people and shares in their success. They believe in and focus on

always trying to live their five core values: Family, Trust, Communication, Teamwork, and Continuous Improvement.

Marc and his wife Sherri reside in Moreland Hills, Ohio. Marc enjoys golf, hiking, coaching, and spending time with Sherri, their two sons, Brian and Kevin, their family, friends, and their little Maltese (Malibu).



# FAMOUS

### June Spotlight



### YOUR FILTHY DESK

**AND ITS DIRTY GERM SECRETS**

There are **21,000** germs per square inch exist on your mouse, keyboard, and chair.

Men's work spaces are **20%** dirtier than women's.

A TYPICAL DESK HAS UP TO **10 MILLION BACTERIA**

WHICH IS **100 X** MORE GERMS THAN THE AVERAGE KITCHEN TABLE

AND **400 X** MORE GERMS THAN THE AVERAGE TOILET SEAT

Flu viruses can survive on hard surfaces for up to 48 hours.

AND 1 out of 3 people go to work when sick.

**27%** of Americans eat breakfast at their desk.

**62%** eat lunch at their desk.

**50%** of people snack at their desk

**ONLY 20%** of people clean their work space before they eat.

(cont.)

# Youth Rules! Preparing the 21<sup>st</sup> Century Workforce

## HERE ARE 5 HELPFUL TIPS TO SPRUCE UP A DIRTY WORK SPACE

Wash your hands repeatedly.



Place sanitizer where colleagues can see them.

Sanitize surfaces regularly.



Eat away from your desk.

Stay home if you are sick.



Employment can provide valuable experience for youth. It teaches responsibility, develops organizational and time management skills, and can help youth save money for post-secondary education. Jobs can also help youth form good work habits, gain valuable work experiences, and become financially independent. Do you know the federal requirements for youth workers?

Although federal law does not mandate work permits for youth (some states do), child labor rules limit how many hours a youth can work, when a youth can work, and in which jobs a youth can work. The rules vary depending on the youth's age but they all have the same goals: protecting the 21<sup>st</sup> Century Workforce.

Now there are more resources than ever for youth workers, employers, and parents and guardians, including the Youth Rules! website from the Department of Labor in conjunction with OSHA (<https://www.youthrules.gov>). Know the rules!

Youth Under 14	Youth 14-15	16-17	18+
Limited to: <ul style="list-style-type: none"> <li>Delivering newspapers</li> <li>Babysitting (casual)</li> <li>Work as an actor or performer</li> </ul>	<ul style="list-style-type: none"> <li>Retail work</li> <li>Intellectual work</li> <li>Errands/delivery (by foot or bicycle)</li> <li>Yard work</li> <li>Etc.</li> </ul>	Any work not deemed dangerous	No restrictions

## Ask Robin

**Q:** I know there are not “standards” but are there any recommendations concerning anti fatigue mats for an employee who stands in one area a given length of time?

**A:** There are no standards, but here are some good recommendations:

- Check your employee’s shoes. Always recommend tuft gum sole, and heel; both provide support and are slip and chemical resistant.
- If an employee stands in an area more than one hour straight, a mat or other measures should be employed.
- If an employee stands 50% of the time on a job, a sit stand or a foot rail to rest lower extremities should be provided (if appropriate).
- Anti-fatigue matting should be at least 1 inch thick with tapered edges.
- Also matting needs to be placed on a preventative maintenance program for wear and tear issues. Be sure the mat is easy to clean.
- Anti-fatigue mats are engineered to make the body naturally and imperceptibly sway, which encourages subtle movement of the leg muscles. This promotes blood flow and prevents stagnation in the veins – and, incidentally, burns more calories! So, what you’re looking for in a mat is one that’s not so hard it discourages muscle movement, but not so springy it requires too much energy to maintain balance, creating a different kind of stress.

There are 2 key words for prolonged standing risk factors - the type of posture and repetition being completed by the employee.

## Your Eastern Stark County Safety Council Steering Committee

**Co-Sponsor**  
Mark Locke  
Chamber of Commerce  
[mlocke@neo.rr.com](mailto:mlocke@neo.rr.com)  
330.823.6260

Amanda Pearson  
Addiction Campuses of Ohio  
[apearson@addictioncampuses.com](mailto:apearson@addictioncampuses.com)  
330.309.6694

Amy Schiefer  
Aultworks  
[amy.schiefer@aultman.com](mailto:amy.schiefer@aultman.com)  
330.491.9675

Gloria Slentz  
Morgan Engineering  
[gslentz@morganengineering.com](mailto:gslentz@morganengineering.com)  
330.823.6120

John Miller  
[jem9004@gmail.com](mailto:jem9004@gmail.com)  
330.206.769

Rich Burton  
Acme Surface Dynamics  
[rburton@acmesdi.com](mailto:rburton@acmesdi.com)  
330.821.3900

Stella Tsirelis  
Vail Packaging  
[stellat@vailpkg.com](mailto:stellat@vailpkg.com)  
330.879.5653 x 110

Valerie Giarrana  
HaissFabripart  
[valerieg@haissfabripart.com](mailto:valerieg@haissfabripart.com)  
330.821.2028

**Consulting Representative**  
Robin Watson  
Ohio BWC  
[robin.watson@bwc.state.oh.us](mailto:robin.watson@bwc.state.oh.us)  
330.904.4867

**Consulting Representative**  
Linda Ghindea  
Ohio BWC  
[Linda.g.4@bwc.state.oh.us](mailto:Linda.g.4@bwc.state.oh.us)  
330.904.3966

Questions or comments? Please contact any Steering Committee Member or:

Alliance Chamber of Commerce – 210 East Main Street – Alliance, Ohio 44601 – (330) 823-6260 – [Info@allianceohiochamber.com](mailto:Info@allianceohiochamber.com)